

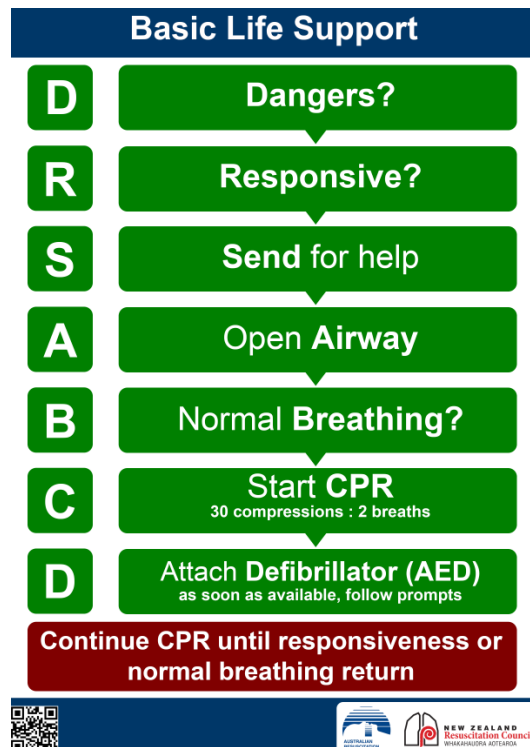
BOROONDARA EXPRESS: SUDDEN CARDIAC ARREST (SCA) PROTOCOL

PRE-SEASON EDUCATION

1. Players encouraged to undergo medical review to identify any underlying conditions that may increase the risk of SCA; particularly if there is a personal history of cardiac symptoms or a family history of SCA.
2. All players, coaches and support staff to undergo Basic Life Support training provided by Boroondara Netball Association (BNA)
3. All players, coaches and support staff to be aware of the location of automated external defibrillators (AED) at all training and competition venues, and be trained in their use.

EMERGENCY ACTION PLAN

1. Designate a team member responsible for coordinating the emergency response in the event of SCA
2. Immediately instruct a bystander to call emergency services (000) and retrieve the closest AED
3. Immediately commence basic life support as per the Australian Resuscitation Council (ARC) flowchart
4. If trained medical personnel are present, allow them to take over the emergency response
5. Once Emergency Services have arrived, hand-over all relevant information and follow their instructions



POST-EVENT

1. Notify the affected team member's next of kin
2. Notify Boroondara Netball Association officials
3. Boroondara Netball Association to provide support and counselling to team members
4. Review the response and identify any areas for improvement or additional training