

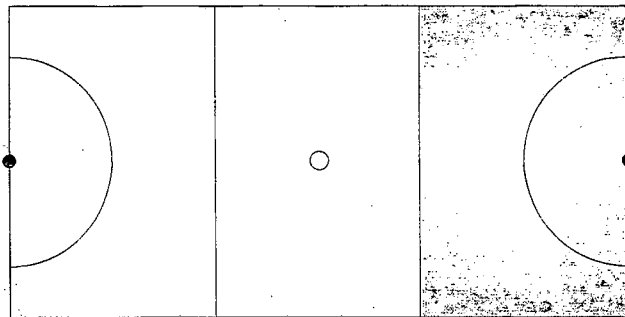
EACH PLAYING POSITION

Goal Keeper (GK)

Main task of the Goal Keeper is to defend the goal third to prevent the ball from making it to the goal circle, and to stop a goal being scored. Their opponent is the Goal Shooter.

Tasks

- ▶ Close "one on one" defence of the goal shooter
- ▶ Work closely with the Goal Defence in the goal circle
- ▶ Defend the shot for goal
- ▶ Rebound missed goals and pass the ball down the court
- ▶ Take throw-ins from the base line and sideline
- ▶ Make attacking moves to take the ball down to the transverse line
- ▶ Take free pass / penalty pass in the goal third



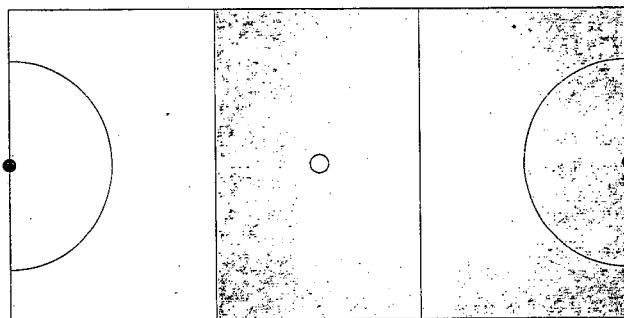
The diagram shows the designated area for the Goal Keeper

Goal Defence (GD)

The main task of the Goal Defence is to defend the attacking moves of their opponent, the Goal Attack, to prevent a goal being scored.

Tasks

- ▶ Close "one on one" defence of the Goal Attack
- ▶ Work closely with the Goal Keeper in the goal circle
- ▶ Defend shots for goal
- ▶ Rebound missed shots and pass the ball down the court
- ▶ Make attacking moves to take the ball down to the team's goal third
- ▶ Take appropriate throw-ins / free pass / penalty pass in the centre third



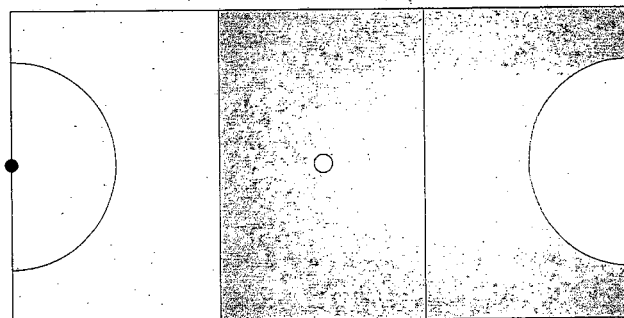
The diagram shows the designated area for the Goal Defence

Wing Defence (WD)

The main task of the Wing Defence is to defend the attacking moves of their opponent, the Wing Attack, at the centre pass, around the goal circle and throughout the centre and goal thirds.

Tasks

- ▶ Close "one on one" defence of the Wing Attack
- ▶ Force errors, close off spaces and intercept passes
- ▶ Make attacking moves to take the ball down to the team's goal third
- ▶ Take appropriate throw-ins / free pass / penalty pass in the centre third



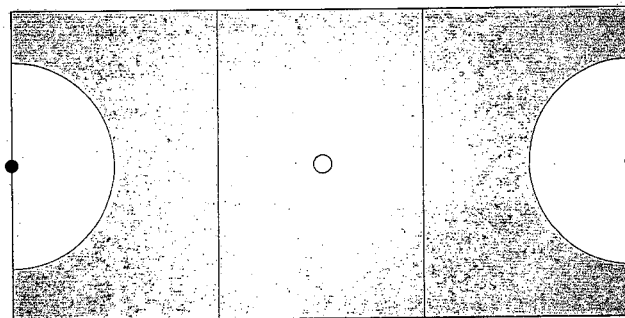
The diagram shows the designated area for the Wing Defence

Centre (C)

The centre is the link player from the defence third to the goal third and plays an important role in both attack and defence.

Tasks

- ▶ Deliver the centre pass
- ▶ Make strong attacking moves, combining with the WA to deliver the ball to the shooters
- ▶ Closely defend opposition centre player
- ▶ Combine with the Wing Defence to create pressure on the opposition at centre passes
- ▶ Take throw-ins / free pass / penalty pass in the goal third



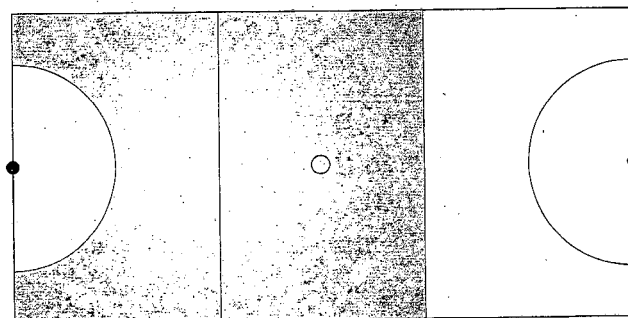
The diagram shows the designated area for the Centre

Wing Attack (WA)

The main task of the Wing Attack is to deliver the ball to the Goal Shooter/Attack using a variety of attacking moves.

Tasks

- ▶ Obtain the centre pass
- ▶ Work with the C, GA and GS on attacking strategies
- ▶ Take throw-ins / free pass / penalty pass in goal third
- ▶ Feeding the circle
- ▶ Provide close defending of the opposition WD:
 - ✎ at defence throw-ins
 - ✎ after a turnover or interception
 - ✎ at opposition centre passes



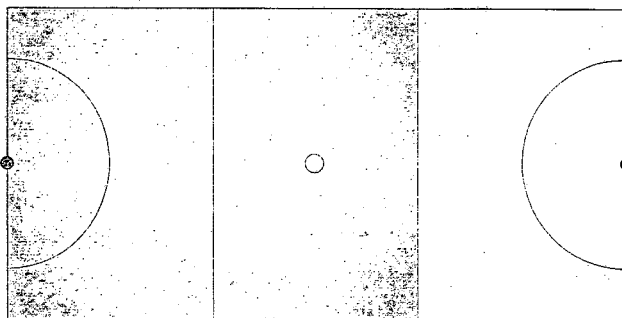
The diagram shows the designated area for the Wing Attack

Goal Attack (GA)

The Goal Attack shares the goal shooting responsibilities with the Goal Shooter.

Tasks

- ▶ Combine with the GS to offer a variety of leads in the goal circle
- ▶ Work with the C and WA to bring the ball through the centre third and goal third into the circle
- ▶ Rebound missed shots
- ▶ Provide close defending of the opposition GD:
 - ✎ at defence throw-ins
 - ✎ after a turnover or interception
 - ✎ at opposition centre passes



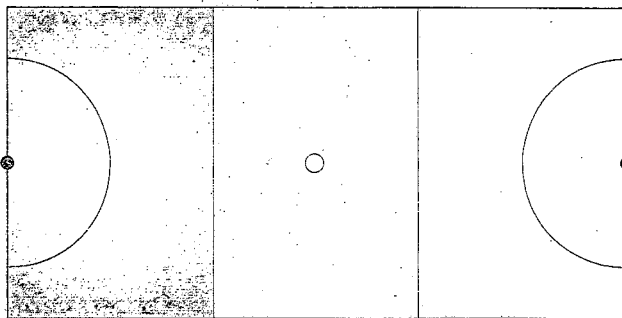
The diagram shows the designated area for the Goal Attack

Goal Shooter (GS)

The main task of the Goal Shooter is to score goals.

Tasks

- ▶ Work with the GA to create a variety of leads in the goal circle
- ▶ Work with the GA, WA and C on attacking strategies in the goal third
- ▶ Rebound missed shots
- ▶ Defend closely the opposition GK:
 - ✎ at goal line throw-ins
 - ✎ after a rebound
 - ✎ after a turnover or interception



The diagram shows the designated area for the Goal Shooter