



INTRODUCING.....
BOROONDARA NETBALL ASSOCIATION
"COACH'S COACH" PROGRAM



What is a "Coach's Coach"?

BNA has great coaches involved from JuniorNet right through to VNL, but who coaches the coaches? This is the role of a **Coach's Coach** – to support coaches in practice, at all levels, to be the best they can be.

Traditional coach education & accreditation tends to focus on netball specific skills, tactics, and techniques; however, coaches also require expertise in inter-personal skills and knowledge (e.g. communication and constructive feedback) and intra-personal skills and knowledge (e.g. knowing themselves, their philosophy and awareness of unconscious biases) which in turn will influence the player's experience of the sport.

Coach's Coaches will learn how to develop and mentor coaches within their clubs, schools and organisations as well as supporting their own "coaching journey".

Who can be a "Coach's Coach"?

- Anyone interested in supporting others! You don't have to be a coach; you just need a keen interest in helping others.
- If you are a coach, a player (or an ex-player), a teacher, or anyone interested in becoming a coach developer, this course is for you.
- The skills and knowledge developed through the Coaching the Coaches course are transferrable to any sport and can even help you in your day-to-day interactions with others!

Why would I consider the course?

- The training to become a Coach's Coach is delivered by an internationally recognised trainer of Coach's Coaches, **accredited by the International Council of Coaching Excellence (ICCE)**, one of only a handful in the World: ASHLEY ROSS
- The course will open up career opportunities for all participants to be involved in the Australian Sporting System (any sport) and will even improve your own coaching!

What is involved?

- The first session: on **SUNDAY 18th JUNE from 9.30am – 1.30pm** at BNA rooms (Macleay Park)
NOTE: LUNCH / COFFEE & TEA will be provided
- The second ONLINE session: on **FRIDAY 14th JULY from 7-8pm** ONLINE via ZOOM
- The follow up session: on **SUNDAY 6th AUGUST from 10.00am – 1.00pm** at BNA (Macleay Park)
NOTE: Morning tea / COFFEE & TEA will be provided
- An online 'community of practice' will also be available for people who register to meet, share learnings and chat about issues that may arise.

How much does the course cost?

The whole course is **FREE**, thanks to **VicHealth** who have provided the funding. VicHealth recognised the importance of the role of the coach developer in associations such as BNA.